



Discussion Questions and Activities for the “LOTEM” Video

LOTEM is a leading organization in Israel that offers accessible hikes and educational activities in nature around the country to children and adults with special needs.

Questions for Younger Students

1. Can you name some disabilities?
2. What are some specific conditions of some disabilities?
3. Why do you think it's important that people with disabilities experience nature and trees?
4. How do you think that people with disabilities might experience nature and trees differently from you?

Questions for Older Students

1. How could it be difficult for someone with a disability to enjoy nature?
2. You probably know classmates or friends with some disabilities. What are appropriate ways that you communicate sensitively with classmates with disabilities?
3. How do you include your classmates or friends with disabilities?
4. Why do you think it is important to create opportunities for individuals with disabilities to enjoy nature?

Activities for Younger Students

1. Find a list of the five senses. List ways that each of these senses helps you experience different items in nature, such as a tree, an apple, a flower.
2. Come up with a way that you can “take away” one of your senses and still experience that same item. How does losing one or more sense affect the way you experience plants and vegetables?
3. Draw a picture of your classmates enjoying nature together.

Activities for Older Students

1. Find a list of the five senses. List ways that each of these senses helps you experience different items in nature, such as a tree, an apple, a flower.
2. Now take one of the senses away (hold your nose to eliminate smell and taste, wear gloves, wear a blindfold, etc.) and describe your experience.
3. Design a park that is accessible to everyone.
4. Research your local park or forest and find ways that it is accessible to those with disabilities.



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