



Discussion Questions and Activities for the “Sabra” Video

Questions for Younger Students

1. Is a cactus a tree? Why do we celebrate it on Tu Bishvat?
2. What do you think the sabra tastes like? What do you think is the best way to eat it? Why?
3. Why do you think the inside of the sabra is so bright?
4. Who are called Sabras? What does it mean to be called a Sabra?
5. Do you think someone would like to be called a Sabra?
6. What are other examples of something’s outside appearance that is very different from its inside?
7. What is something that you were stubborn about like a Sabra?

Questions for Older Students

1. Is a cactus a tree? Why do we celebrate it on Tu BiShvat?
2. Who are called Sabras? What does it mean to be called a Sabra?
3. Do you think someone would like to be called a Sabra?
4. What are other examples of something’s outside appearance that is very different from its inside?
5. What is something that you were stubborn about like a Sabra?
6. Is being a Sabra good or bad?
7. How many Israelis are Sabras? Who is not a Sabra?

Activities for Younger Students

1. Research what fruits come from a cactus.
2. Draw a picture of a sabra. What part of the drawing is the most important?
3. Find a cactus in your home or neighborhood.
4. Create a short story about someone who had to be a Sabra to get something accomplished?

Activities for Older Students

1. Research what fruits can come from a cactus.
2. Create a menu of a meal that would include sabras.
3. Write about someone in your life who can be compared to a Sabra. Or, compare someone in your life to a different tree or plant.
4. Create a short story about someone who had to be a Sabra to get something accomplished.
5. Come up with a motto for someone who is a Sabra.



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