



**JEWISH  
NATIONAL  
FUND**

*Your Voice in Israel*



**Tuesday  
July 7th**



*#Shorashim*

**Arrival in Israel!** Upon landing, you will be welcomed with a brief snack and refreshments.

#### **Travel North**

**Akko Old City Walking Tour** Go on a guided tour through the beautiful streets of the ancient city of Akko.

#### **Check-in**

#### **Dinner at Hotel**

**Orientation** Get to know each other and the staff as you begin your adventure!

**Overnight: Ana Shlomi, Western Galilee, North**

#### **Workshop at Emek HaShalom Farm**

LOTEM is the leading organization in Israel offering accessible hikes and educational nature activities for children and adults with special needs. Tour the farm, have an intimate conversation with a resident and take part in an olive oil making workshop.

**Lunch and Druze Hospitality** Meet people of the Druze faith and learn about this minority in Israel while eating a delicious, authentic lunch.

#### **Beach Time at Aqueduct Beach Caesarea**

At this stunning beach featuring an ancient aqueduct over 1000 years old framing its crystal clear waters.

#### **Dinner at Hotel**

#### **Group Reflection**

**Overnight: Ana Shlomi, Western Galilee, North**

**Wednesday  
July 8th**



*#Shorashim*

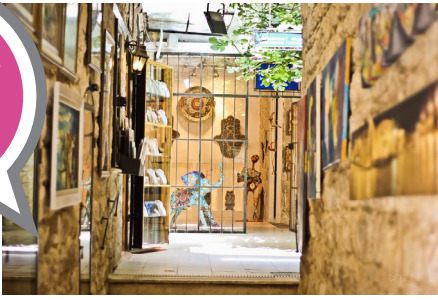


SHORASHIM



SHORASHIMISRAEL

Thursday  
July 9th



#Shorashim

**Maarag Center** Maarag is a nonprofit organization and a café-restaurant that hosts workshops for people with special needs and helps them create art products in an accepting and immersive community. Take part in a wind-chime creating workshop together with the people from Maarag.

#### **Independent Lunch at Tzfat Old City**

**Tzfat Old City Tour & Free Time** Tour this mystical city, walk through the beautiful streets and learn about the birth of Jewish mysticism and enjoy some free time with your friends.

**Volunteering with Hashomer Hachadash** a volunteering organization established in 2007 to help local farmers and ranchers protect and develop their land. You will volunteer on a farmland and help the local farmers with their agricultural work.

**Poyke (stew) Dinner with Hashomer Hachadash** Enjoy a delicious stew that you will make together during your volunteering work.

#### **Check-in**

#### **Group Reflection**

**Overnight: Gadot, North**

#### **Banias Nature Reserve Hike**

Hike this breathtaking trail that contains an abundance of natural and historical beauty, from the ruins of ancient cities to the roaring Banias Waterfall – the biggest waterfall in Israel.

**Mount Bental** Ascend to the top of the Golan Heights, overlooking the northern borders. Learn about the history of this area and its importance to Israel.

#### **Independent Lunch at Katzrin**

**Kayaking Down the Jordan River** Prepare to get wet during this exciting & refreshing experience!

**Shabbat Preparation** Return to the hotel and get ready for Shabbat.

**Kabbalat Shabbat** Welcome the Shabbat with a song filled service and candle lighting.

#### **Friday Night Dinner**

**Oneg Shabbat** A fun activity filled with stories, songs and snacks.

**Overnight: Gadot, North**

Friday  
July 10th



#Shorashim

Saturday  
July 11th



#Shorashim

## Optional Active Morning Session

### Shabbat Activity

### Shabbat Lunch

### Shabbat Rest Menuchah & Pool time

### Dinner at Hotel

**Havdallah** End the first Shabbat together with a Havdallah Ceremony celebrating the end of Shabbat.

**"Dance Israel"** Learn about Israeli culture and temperament through your feet! The dancers from "Dance Israel" will introduce you to fun facts and stories – through Jewish and Israeli folk dance!

### Overnight: Gadot, North

**Leket Israel Volunteer** Israel's National Food Bank is the leading source of food rescue organization in Israel. Its sole purpose is rescuing healthy surplus food and distributing it to Israel's needy. In a field outside of Kvutzat Schiller, a Kibbutz in the central part of Israel, we will collect fresh produce that will be donated to soup kitchens and food pantries later this same day.

### Shawarma Lunch

**Ayalon Institute** We will participate in an exciting tour of the Ayalon Institute which tells one of the most fascinating and mysterious stories in the history of the struggle for the establishment of the State of Israel. Here, underground and right under the nose of the British, as well as local residents, one of the biggest undercover missions **ever** took place.

### Beach Time at Metztzim Beach Tel Aviv

### Check-in

### Dinner at Hotel

### Group Reflection

### Overnight: Grand Beach Hotel, Tel Aviv

Sunday  
July 12th



#Shorashim

**Save a Child's Heart Volunteer** Visit this incredible non-profit organization that has saved the lives of more than 4,000 children from around the world. Meet the team that works hard to make it happen and have a chance to meet with the kids who are in Israel for their life changing surgery.

**Meet an Asylum Seeker** At BINA campus

**"Limud"** - An open conversation about refugees and the social gaps at BINA campus

**Independent Lunch & Free time** At Carmel Market

**Visit the Peres Center for Peace & Innovation**  
The first and largest visitor's center of its kind. This thrilling, interactive center presents the incredible story of Israel, the "innovation nation", showcases the diverse fields and people behind Israeli innovation, and welcomes visitors from Israel and around the world with the aim of promoting a better future of prosperity and peace.

**Dinner at Na Laga'at - Cafe Kapish**

**Jaffa Port Evening Walk**

**Group Reflection**

**Overnight: Grand Beach Hotel, Tel Aviv**



Monday  
July 13th

#Shorashim

Tuesday  
July 14th



#Shorashim

**Pitchon Lev Volunteering** An aid Center which delivers food, clothes and shoes to families in need. Help packing food that will later be delivered to families throughout Israel.

**Aroma Lunch** At Be'er Sheva

**Ashalim Solar Thermal Power Station** One of the largest renewable energy projects in the world, the sprawling Negev complex will produce 300 megawatts of clean electricity every day.

**Ben Gurion's Grave** David Ben Gurion was Israel's first Prime Minister, his last years were spent on Kibbutz Sde Boker. Learn about his love of the Negev and his dream of making it bloom.

**Check-in**

**Dinner at Hotel**

**Group Reflection**

**Overnight: Ana Eilat, Eilat, South**



**WeSea Volunteering Project** WeSea is an international non profit organization which aims at raising awareness to the marine environment and educating the large public about the importance of saving the oceans. Learn about the project and its significance and take part in a coastal cleaning project to help preserve the coral reef in Eilat.

### **Snorkeling and Beach Time at Almog**

**Beach** Put on you snorkel and go on a breathtaking swim in the Red Sea to experience the wonders of Eilat's famous coral reef.

### **Independent Lunch at Eilat Promenade**

**Kibbutz Qetura Tour** Go on a walking tour in the beautiful Kibbutz and learn more about the place you are staying at through an open discussion with a resident.

### **Ketura Agricultural Volunteer Project**



#Shorashim

Wednesday  
July 15th

**Conversation with Students from the Arava Institute** The Arava Institute for Environmental Studies is a leading environmental studies and research institute in the Middle East. It houses accredited academic programs, research centers, and international cooperation initiatives focusing on a range of environmental concerns and challenges.

### **BBQ Dinner & Bonfire at Qetura**

### **Group Reflection**

**Overnight: Ana Eilat, Eilat, South**

Thursday  
July 16th



#Shorashim

**Nachal Kasui Sand Dunes** A desert solo experience activity and fun free time for sliding the beautiful sand dunes.

### **Volunteer at Red Mountain Riding**

**Center** Located at Kibbutz Grofit, the Red Mountain Therapeutic Riding Center (RMTRC) provides weekly horseback riding therapy for nearly 200 children and adults with physical and mental disabilities as well as emotional and behavioral issues. Since its establishment in 1996, RMTRC has worked towards the development and advancement of this unique therapy in the Arava, making it accessible to the population of a remote region that lacks many other essential medical services.

### **Lunch at Hotel**

**Volunteer Projects By Ketura** Split into Groups: Asylum Seekers, Bird watching Park, Special needs - Occupational Therapy.

### **Rest & Pool Time**

**Free Time & Independent Dinner at Eilat Promenade**

### **Group Reflection**

**Overnight: Ana Eilat, Eilat, South**

**Red Canyon Hike** Climb through rocks and valleys in this breathtaking hike.

**Lunch - Falafel**

**Ramon Crater Center** Learn about the geological formation known as the Machtesh, hear the story of the heroic Ilan Ramon and enjoy the desert vista from atop the Machtesh.

**Check-in**

**The Bus Travels to Drop Off in Tel Aviv**

**Participants Picked up by Families**

**Shabbat Preparation** Return to the hotel and get ready for Shabbat.

**Kabbalat Shabbat** Welcome the Shabbat with a song filled service and candle lightning.

**Shabbat Dinner**

**Oneg Shabbat** A fun activity filled with stories, songs and snacks.

**Overnight: Harlington Hotel, Ashkelon, South**



#Shorashim

Friday  
July 17th

Saturday  
July 18th



#Shorashim

**Optional Active Morning Session**

**Shabbat Activity**

**Shabbat Lunch**

**Shabbat Rest** Menuchah & Pool time

**Dinner at Hotel**

**Havdallah** End the first Shabbat together with a Havdallah Ceremony celebrating the end of Shabbat.

**Group Reflection** Reflect on your adventures in the south so far and look towards the rest of the trip.

**Overnight: Harlington Hotel, Ashkelon, South**

## Bus Picks up Participants from Tel Aviv

**Nahal Be'er Sheva Hike** By guide. The Ecological Park of the Negev's Capital: A major restoration project has transformed the area, a former garbage dump, into a green park with flowers and recreational activities for the benefit of the people of Beersheva and its environs.

## Makom community volunteer project

MAKOM is a coalition of communities focused on empowering and revitalizing their towns and villages in the Negev and Galilee. MAKOM Community Pioneers believe that by creating a society of people that initiate, engage and involve themselves as local leaders, they enhance and strengthen the social fabric of Israel.

## Carmeli's Bagels Lunch at the park

## Dalet Neighborhood Tour



Sunday  
July 19th

#Shorashim

## Explore the Rich History of Ethiopian

**Tradition with Naftali Aklum** An educator and activist in the Ethiopian community, He will share his own personal story and talk about his work with Ethiopian youth.

## Dinner at Lauder Center Beer Sheva

## Check-in

## Group Reflection

**Overnight: Kibbutz Mashabei Sadeh, Negev, South**

Monday  
July 20th



#Shorashim

## Volunteering Project at Halutza

Located on the border between Israel and Egypt, the Halutza region is nestled between isolated sand dunes, far from major cities. The dream of Halutza's settlers became a reality with the establishment of several new communities in the last few years, surrounded by green agricultural fields. You will spend the day working to beautify the land and the community and will have the opportunity to speak with local residents about why they decided to live in this region, and about the challenges and accomplishments of living a pioneering lifestyle so close to the Gaza and Egyptian borders.

## Lunch at Halutza

**Shvil HaSalat** On the Salad Trail, you will get to both taste fresh, delicious fruit and vegetables and learn about Start-UP Nation's desert inventions. You'll see first hand how cutting edge Israeli technology originally invented in order to sustain life in the sandy dry region that makes up most of Israel's terrain has become a world-wide sensation changing lives of millions across the globe.

**Sderot Playground Activity** In 10 short months, JNF built the largest indoor playground in Israel in Sderot. The all-inclusive "Giant Blue Box" provides Sderot's youth with a safe place to have fun, play with friends, enjoy stimulating classes, have access to therapy and be children, beyond the conflict. Spend time with the local children during fun activities on their Hanukkah vacation.

## Dinner at Hotel

## Group Reflection

**Overnight: Kibbutz Mashabei Sadeh, Negev, South**



SHORASHIM שורשים



SHORASHIM



SHORASHIMISRAEL

**Wadi Attir Volunteering Project** located in the Bedouin village of Hura, this JNF project seeks to develop and demonstrate a model for sustainable, community-based agricultural enterprise. It is designed to combine Bedouin aspirations, values and experience with sustainability principles, modern day science and cutting edge technologies. Volunteer in building up this new project.

**Shawarma Lunch** at Segev Shalom

**Segev Shalom Volunteering with Children**

**Bedouin Tents** Explore Bedouin Life and Culture spending the night sleeping in Kfar Ha'Nokdim in authentic Bedouin tents. Ride on camels - the traditional mode of transportation for nomadic peoples and meet with a leader in the Bedouin community to learn about their integration in Israeli society.

**Dinner at Kfar HaNokdim**

**Overnight: Kfar Ha'Nokdim, Negev, South**



#Shorashim

Tuesday  
July 21st

Wednesday  
July 22nd



#Shorashim

**Tea and Cookies** Wake up extra early for a light snack of traditional Bedouin sweet tea and cookies, before heading towards Masada.

**Masada** Climb up the ramp for a rewarding panoramic view of the Judean desert and the Dead Sea. Once on top of the mountain you'll learn the story of the Jewish zealots who fought the Roman army after the destruction of the Temple and how they met their fate. Go down the "snake path"

**Dead Sea** This is the lowest place on earth and one of the wonders of the world. Float in the Dead Sea and experience Israel's amazing natural beauty.

**Lunch at Premier Beach Ein Bokek**

**Travel to Jerusalem**

**Shehechyanu Ceremony**

**Check-in**

**Rest time** Menuchah & Pool time

**Dinner at Hotel**

**Group Reflection** Reflect on your adventures in the south so far and look towards the rest of the trip.

**Overnight: Grand Court Hotel, Jerusalem**



## Hass Promenade - Armon Hanatziv Overlook

**Yad Lakashish Volunteering** - Lifeline for the Old A Jerusalem nonprofit empowering low income elderly through meaningful work opportunities, essential social and financial benefits as well as promoting positive attitudes towards seniors through inter-generational connections.

## Independent Lunch at the Jewish Quarter

### Tour of the Old City and Jewish Quarter

Learn about the ancient temples, their destructions and what is left of them today. Talk about modern history of the city, visit the Western Wall and take time to write down your personal prayers. Continue to Ezrat Yisrael, the egalitarian prayer section at the Western Wall for a discussion on liberal Judaism in Israel.

## Dinner at Hotel



Thursday  
July 23rd

#Shorashim

## Meet Rachel Korazim - Yad Vashem

**Preparation** A Jewish education consultant specializing in curriculum development for Israel and Holocaust education, for a discussion in preparation for your visit in Yad Vashem.

## Group Reflection

**Overnight: Grand Court Hotel, Jerusalem**

Friday  
July 24th



#Shorashim

**Yad Vashem** the official Holocaust museum in Israel. Visit the monuments and memorials on the grounds of the museum and discuss the notion of heroism in the context of the Holocaust.

## Independent Lunch at Mahane Yehuda Market

**Mt. Herzl** Israel's official military cemetery. Tour the mountain hearing stories about the brave men and women who gave their lives on behalf of the Jewish state as well as about the great leaders of the country including Golda Meir, Yitzhak Rabin and Theodore Herzl.

**Shabbat Preparation** Return to the hotel and get ready for Shabbat.

**Kabbalat Shabbat** Welcome the Shabbat with a song filled service and candle lighting.

## Friday Night Dinner

**Oneg Shabbat** A fun activity filled with stories, songs and snacks.

**Overnight: Grand Court Hotel, Jerusalem**



SHORASHIM שורשים



SHORASHIM



SHORASHIMISRAEL

## Optional Active Morning Session

### Shabbat Activity

### Shabbat Lunch

### Shabbat Rest Menuchah & Pool time

**Nu Campaign** Was started by two social entrepreneurs who wanted to change the world. NU Campaign supports important Israeli and global causes & stories through the sale of fashionable designer t-shirts. In this creative workshop you will design your own T-shirts supporting your very own social cause.

### Dinner at Hotel

**Havdallah at the Kotel** End the Shabbat together with a Havdallah Ceremony celebrating the end of Shabbat.

**Group Reflection** Reflect on your adventures in the south so far and look towards the rest of the trip.

### Overnight: Grand Court Hotel, Jerusalem



#Shorashim

Saturday  
July 25th

Sunday  
July 26th



#Shorashim

**Tour at Shalva National Center** Shalva, the Israel Association for the Care and Inclusion of Persons with Disabilities is dedicated to providing transformative care for individuals with disabilities, empowering their families and promoting social inclusion.

**Illanot School Volunteer** Illanot is a special-needs school that caters for students with Cerebral Palsy (CP) and other muscular diseases.

### Independent Lunch at Beit Hakerem

**Tree Planting at Neot Kdumim** Tree Planting Plant a tree and leave a mark in Israel.

### Closing Discussion and Dinner at a Restaurant

### Travel to Airport

**Depart on flight back to America**  
**Have a safe trip home!**

# SEE YOU SOON!



SHORASHIM שורשים



SHORASHIM



SHORASHIMISRAEL